

Blood Circulation (Improving)

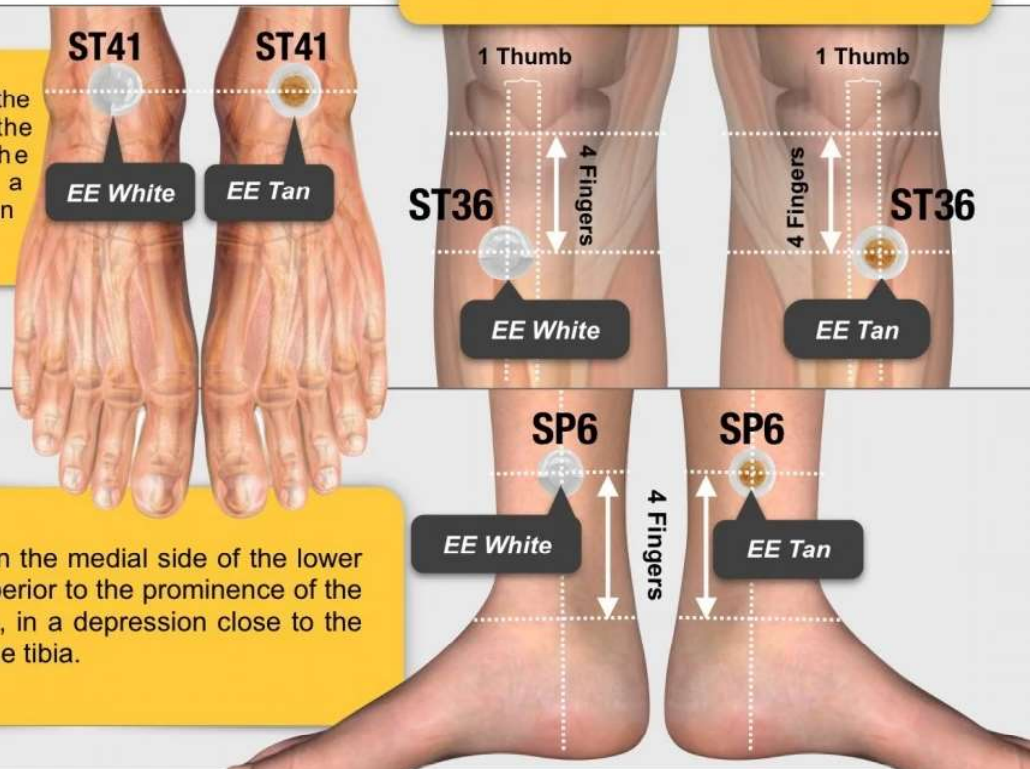
Improving Blood Circulation Advanced Patching Options

Patching Option #1 - Approach For General Improvement:

ENERGY ENHANCER on **ST41** - WRTL
ENERGY ENHANCER on **ST36** - WRTL
ENERGY ENHANCER on **SP6** - WRTL

ST36 is located 4 fingers below the knee and 1 thumb lateral to the anterior crest of the tibia.

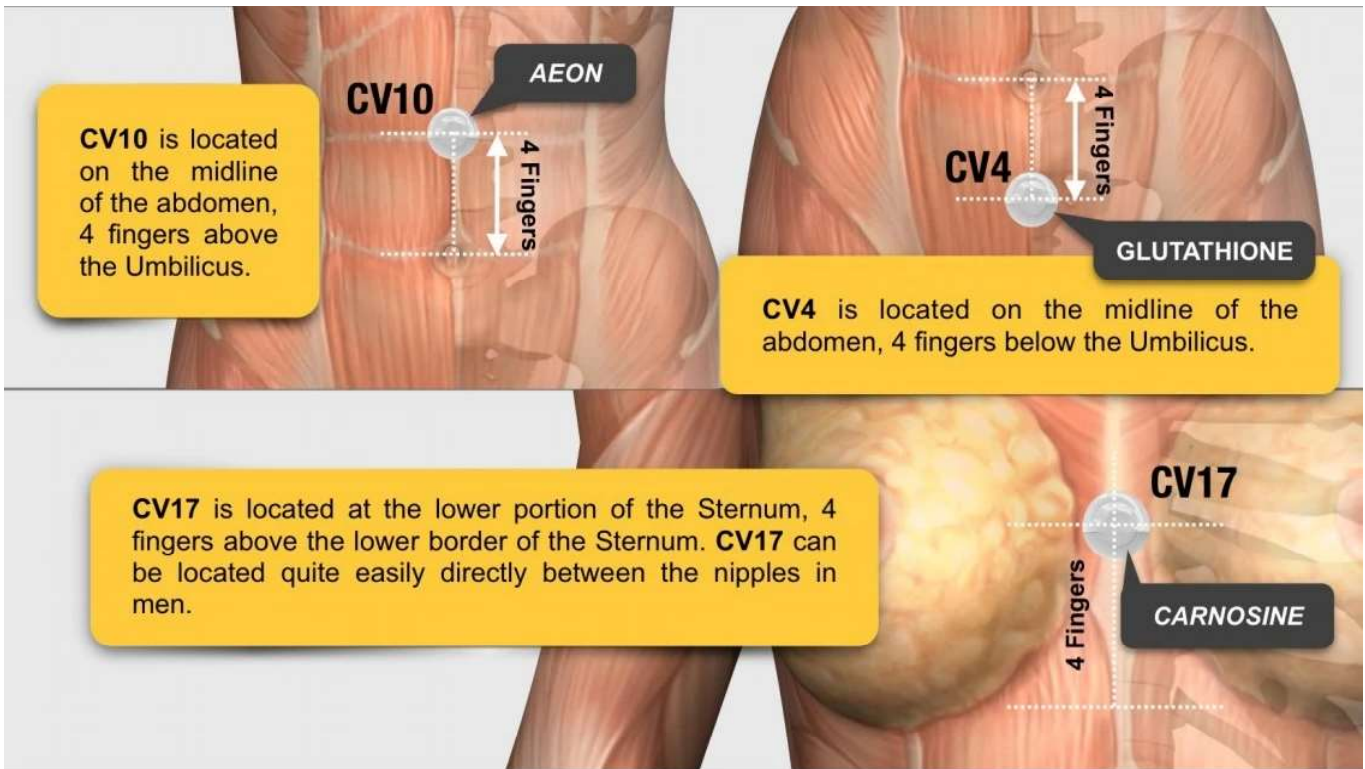
ST41 is located on the ankle, level with the prominence of the anklebone, in a depression between the tendons.



Then add:

AEON on **CV10**
GLUTATHIONE on **CV4**
CARNOSINE on **CV17**

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Run this Patching Option During The Day, 5 times per week and rest 1 or 2 days, then continue the following week, till you find some improvement in your overall circulation.

Researches have been done indicating that **ST36**, **ST41** & **SP6** are beneficial to Improve Circulation as well as to enhance Tissue Repair.

Patching Option #2 - Approach For General Improvement:

- ENERGY ENHANCER** on **P6** - **WRTL**
- ENERGY ENHANCER** on **ST36** - **WRTL**
- ENERGY ENHANCER** on **LI4** - **WRTL**

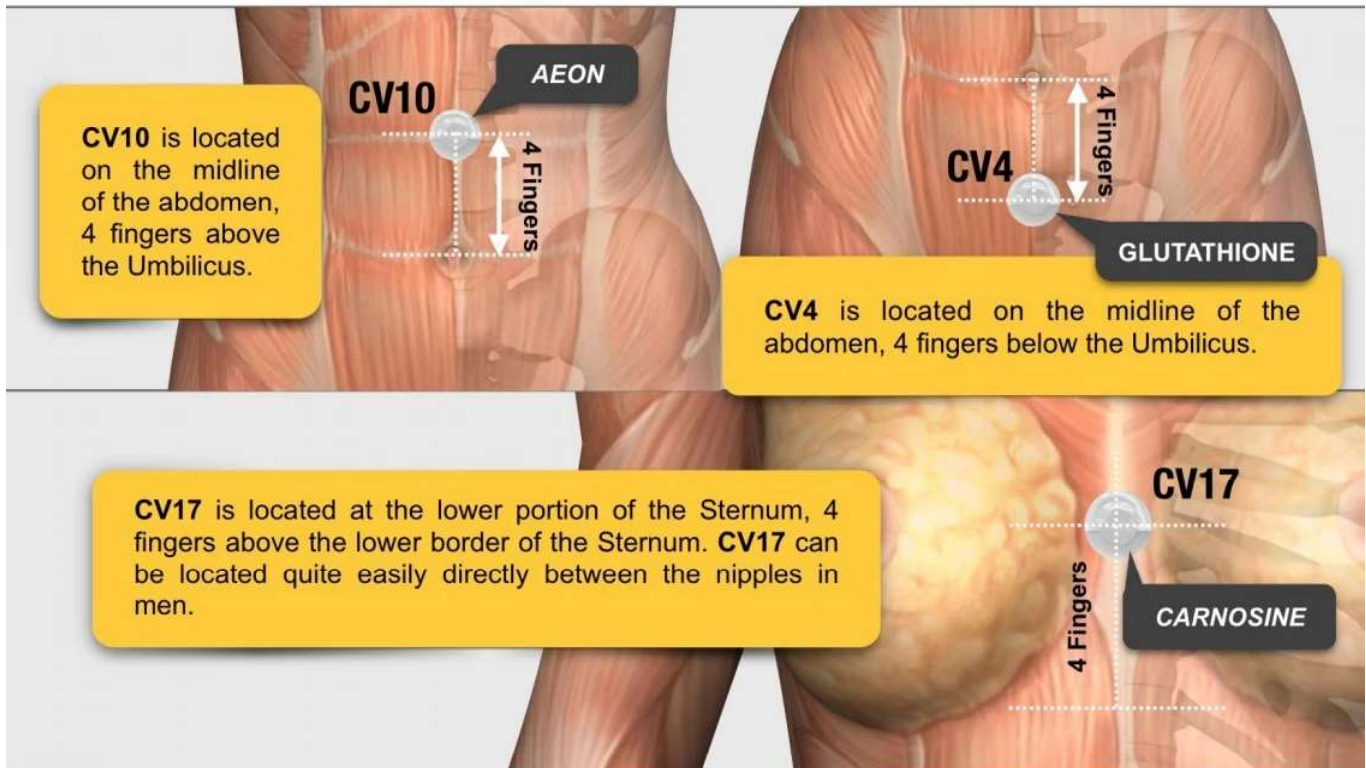
ST36 is located 4 fingers below the knee and 1 thumb lateral to the anterior crest of the tibia.



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Then add:

AEON on **CV10**
GLUTATHIONE on **CV4**
CARNOSINE on **CV17**



Run this Patching Option During The Day, 5 times per week and rest 1 or 2 days, then continue the following week, till you find some improvement in your overall circulation.

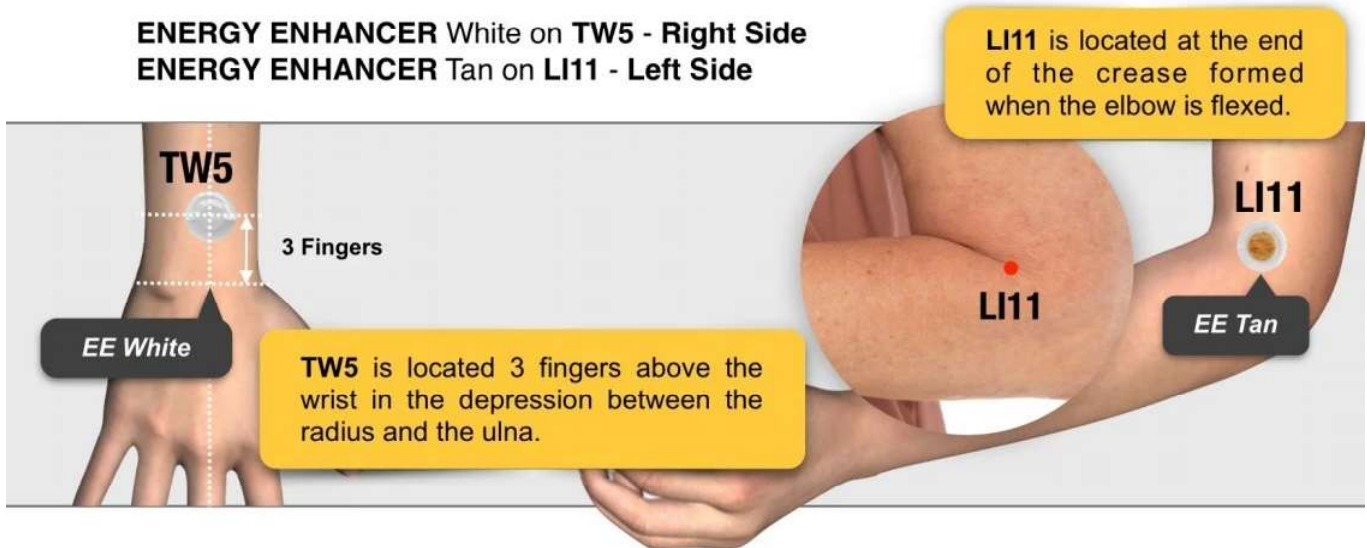
You can check which option works better for you.

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Additional Combinations:

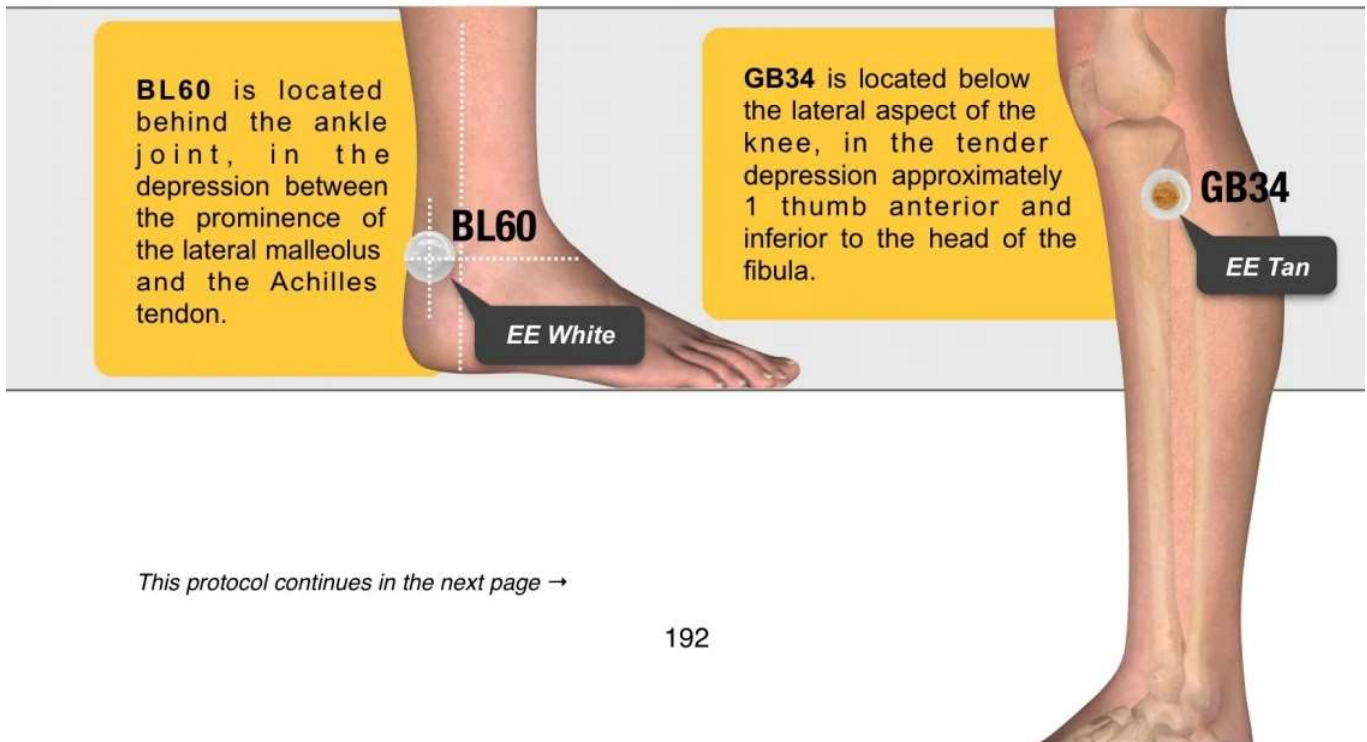
For Improving Circulation at Upper Extremities Specifically You Can Test by Adding Also:

ENERGY ENHANCER White on TW5 - Right Side
ENERGY ENHANCER Tan on LI11 - Left Side



For Improving Circulation at Lower Extremities Specifically You Can Test by Adding Also:

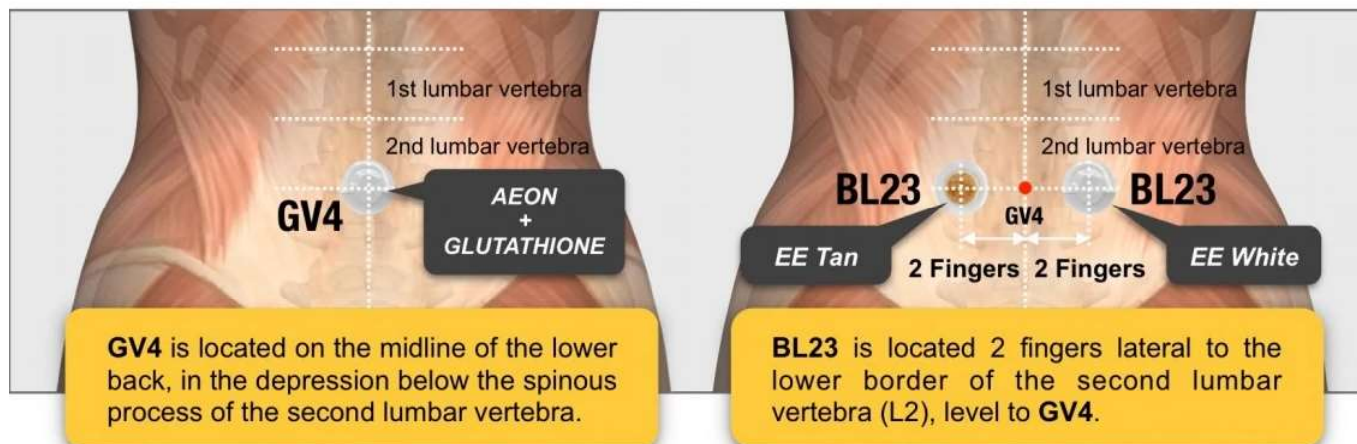
ENERGY ENHANCER White on BL60 - Right Side
ENERGY ENHANCER Tan on GB34 - Left Side



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As a General Support Specially for Cases where the Blood Circulation is poor at the Lower Extremities, You Can Test by Adding Also:

AEON + GLUTATHIONE Together or Double Stacked on **GV4**
ENERGY ENHANCER on **BL23 - WRTL**



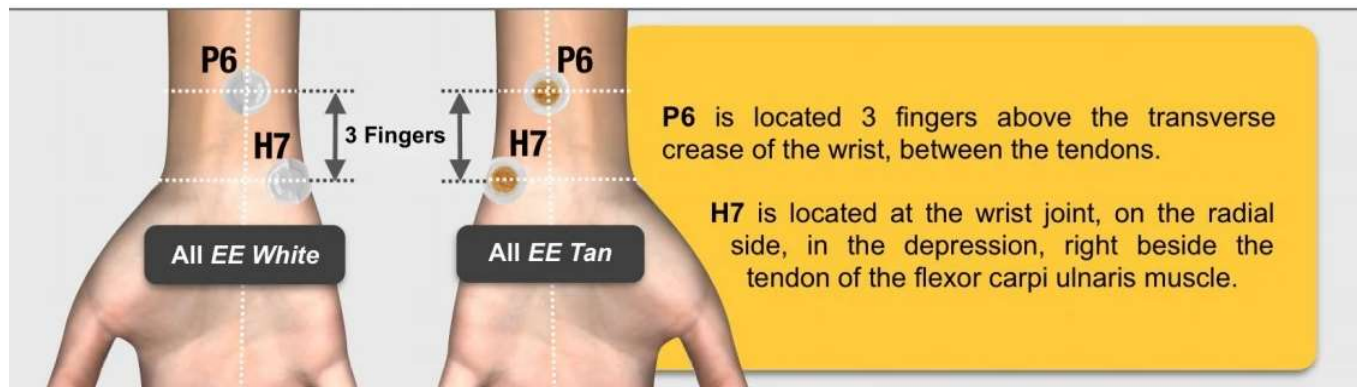
To Apply During The Night

Here I include a very special addition to this Advanced Protocol Section because it is based on **researches done on how to improve Venous and Lymphatic return flow at a Parasympathetic Nervous System level, and that's the reason it should be placed at Night.**

So, before you test the 2 options below, please **remove all Energy Enhancer Patches** placed during the day, then place this:

For Upper Extremities Specifically place this combination:

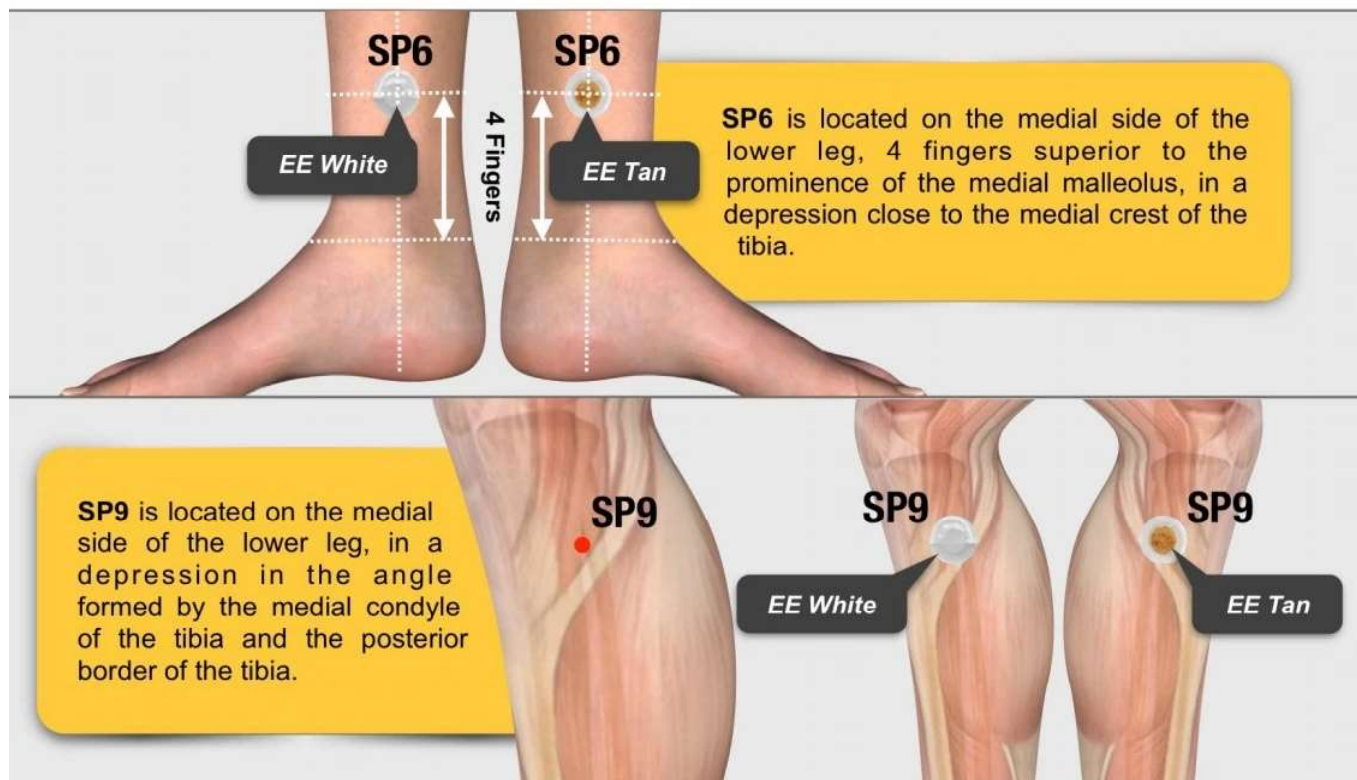
ENERGY ENHANCER on **P6 - WRTL**
ENERGY ENHANCER on **H7 - WRTL**



For Lower Extremities Specifically place this combination:

ENERGY ENHANCER on SP6 - WRTL

ENERGY ENHANCER on SP9 - WRTL



Lastly, You can use both these “During The Night” Options together with Y-Age Combination I suggested earlier used during the day:

AEON on CV10

GLUTATHIONE on CV4

CARNOSINE on CV17

(Check all positions at previous pages)

Use new patches starting a new day.

General Recommendations:

Be well hydrated, 6 to 8 glasses of quality water daily will be ideal. Drink 1 glass of water before applying/exchanging LifeWave Patches.