

Cataract

According to TCM, a physician may look at these two main aspects of Cataract:

- 1- “Overheating” of the Liver
- 2- “Overcooling” or “Emptiness” of the Kidneys.

Now, the mechanism is quite simple according to TCM:

Overheating or “Fire” of the Liver rises upward and into the eyes because there is an “Emptiness” of the Kidneys, causing therefore the Cataract development.

and one clear tendency among those who develop Cataract is to be Irritable in nature.

The idea behind this Cataract Patching Option Special is to attempt to lower the Overheating of the Liver as well as to “Fill Up” the Kidneys back again and I’ll talk a bit more about this process at the “My Personal Take” section below...

Quick Note: If you’d like to understand more about all the “Academic” Terms I use here, you might want to read my first book: **Understanding Meridians & Acupoints Using LifeWave Patches**, where I explain in simple terms the most basic TCM concepts.



This protocol continues in the next page →

Cataract Patching Option

First Pairing of Points:

ENERGY ENHANCER on **ST36** - **WRTL**

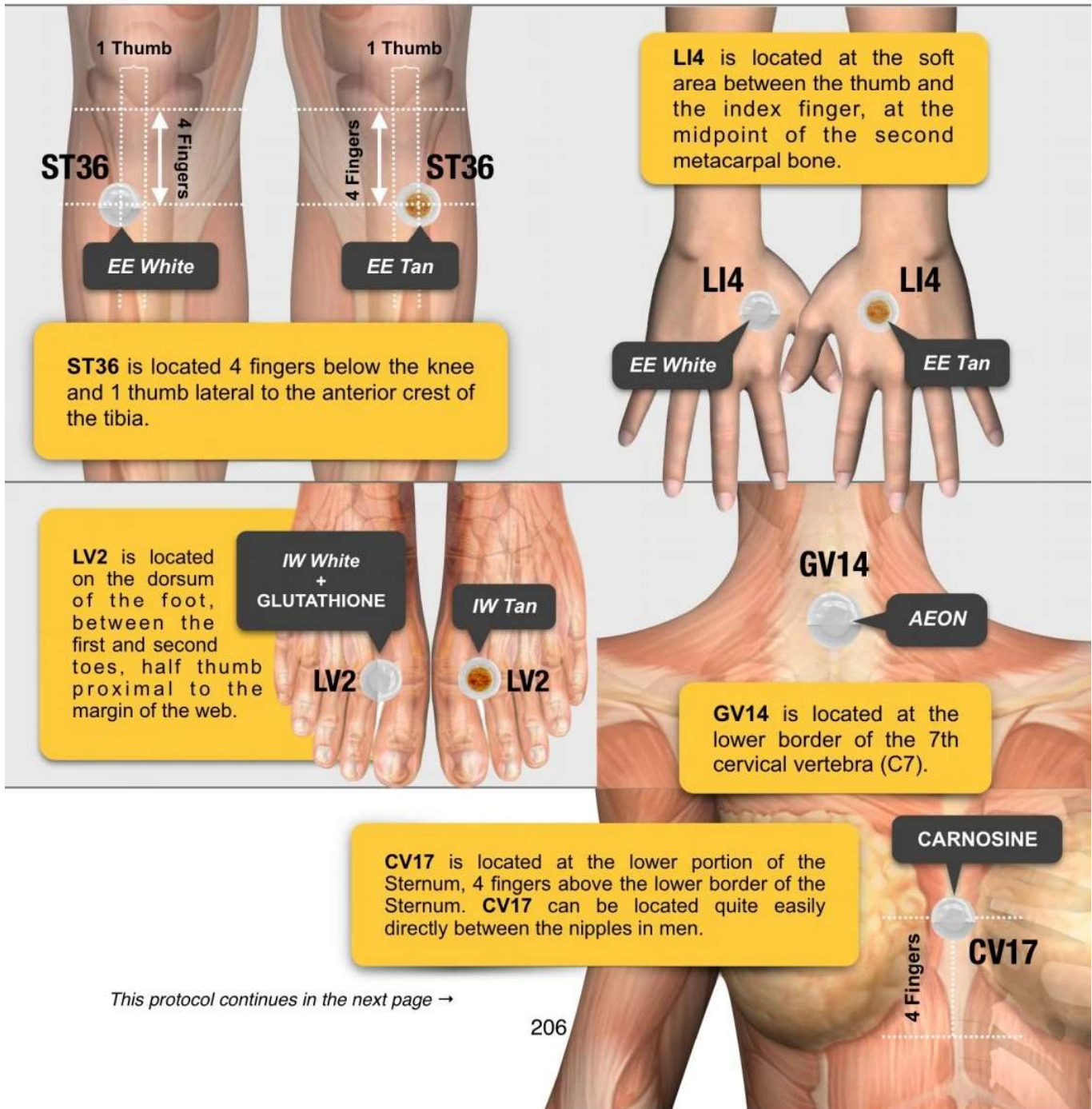
ENERGY ENHANCER on **LI4** - **WRTL**

ENERGY ENHANCER on **LV2** - **WRTL**

GLUTATHIONE on **LV2** - **Right Side** (Double Stacked or over the **ENERGY ENHANCER** White)

AEON on **GV14**

CARNOSINE on **CV17**



Second Pairing of Points:

ENERGY ENHANCER on **GB20** - **WRTL**

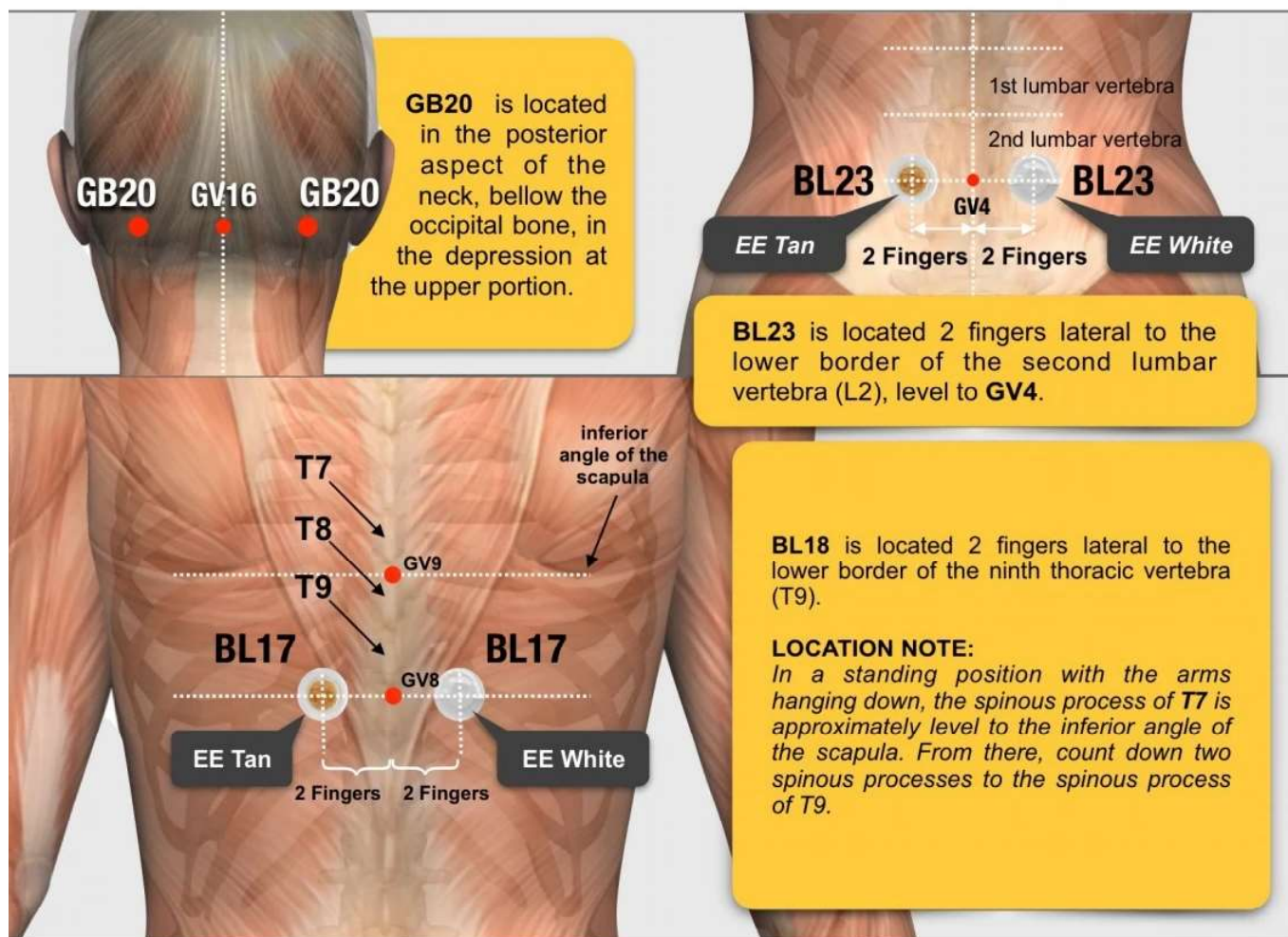
ENERGY ENHANCER on **BL18** - **WRTL**

ENERGY ENHANCER on **BL23** - **WRTL**

GLUTATHIONE on **GB20** - **Right Side** (Double Stacked or over the **ENERGY ENHANCER** White)

CARNOSINE on **CV17** (Check this position at previous pages)

AEON on **GV4** (Check this position at previous pages)



I'm presenting this **Cataract Patching Option** as a 2 separate group of points which you can convert into a 2 Days Protocol, Day 1 & Day 2 respectively.

Try to start patching some time in the morning, like 8 am for example, then you can test it by running it for 12 hours or even 24 hours. Please check if the **ENERGY ENHANCER** patches disturb your sleep... if so, just remove them and keep all Y-Age patches on till next day.

Please change all patches starting a new day.

If you are at home and not going out much, then it would be good if you place a Second **AEON** Patch:

AEON on Yintang Extra Point



Now, as you can imagine, Cataract is a “Process” and it doesn’t develop overnight...

A question came to me from one of our members who is right now at an “Early Stage” of Cataract...

So, the Patching Option above might help to Balance the two main aspects I was mentioning earlier: **Overheating of the Liver as well as “Emptiness” the Kidneys...** However, what this Patching Option might not be helpful for is with **What’s Really Causing** this Overheating of the Liver and the “Emptiness” Kidneys...

and that to me it’s all related to **Lifestyle...**

and if you are right now having a similar situation, where a Cataract is at a “Early Stage” then, it would be good to start this Patching Option as well as to read the section below:

My Personal Take on Cataract

What really helped me revert all the health problems I had is to realise that the reason why things are happening to all of us is because we do the things we do...

or in other words we have the Lifestyle we have...

and if you think about it, Cataract doesn't "Just Happen"...

and there are many aspects of the Process of Reverting it, which it might require that we start looking into what's really causing it...

and the patches might help in same degree to address some of the Imbalances, but what's causing those imbalances is still there... then the process might take much longer or even, it might seem that the patches do not work at all...

I mention this because the main question of everyone always is this: "How Long" do I need to patch for to see some results?...

and of course, it will all depend on how you manage what's really causing the issue and not only how the patches could help you with the Imbalances...

In my personal experience, by managing the real cause of an issue, it does help tremendously in the "Reverting" process, specially when you find a good patching strategy and you Complement it with your main "Solving", because the patches in the way I see it, accelerate the process of recovery when the conditions in the body are "Promoting" that...

If you'd like to understand more about how I look at the Real Cause of almost anything, you can watch my latest video series **Lifestyle Protocol** accessible via the Top Menu once you are logged in at **PatchingProtocol.com**...

General Recommendations:

Be well hydrated, 6 to 8 glasses of quality water daily will be ideal. Drink 1 glass of water before applying/exchanging LifeWave Patches.