

Eye Issues

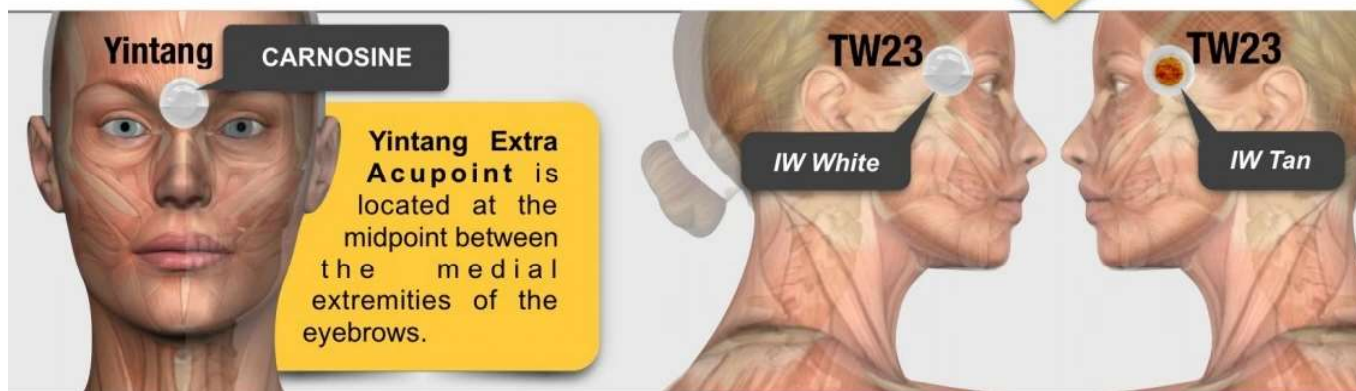
Here I include 4 different options for Eye Issues in general (*vision impairment, floaters, retina*). You might want to also check the Advanced Section of this book for more specific Eye Conditions.

Eye Issues - Option 1

CARNOSINE on Yintang Extra Acupoint

ICEWAVE on TW23 - WRTL

TW23 is located in the depression at the lateral end of the eyebrow.



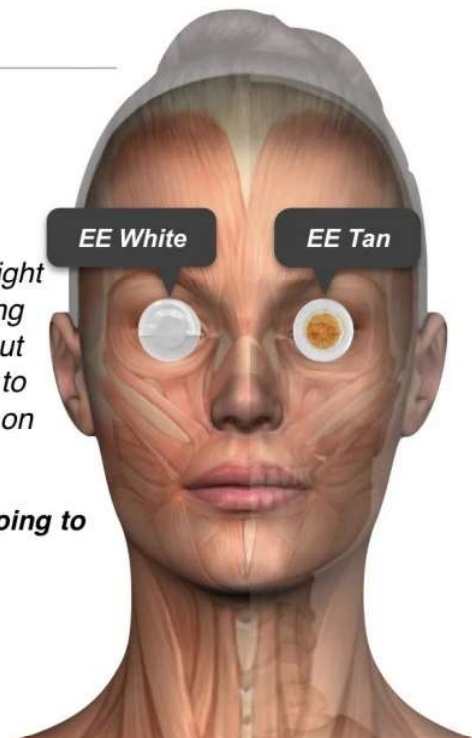
IMPORTANT: It would be a good idea to patch whilst going to sleep in the evenings.

Eye Issues - Option 2

ENERGY ENHANCER over each Eye - WRTL

Note: The idea is to place the white patch over the right eyelid and the tan patch over the left eyelid while resting (You may rest the patches over the eyes without removing the adhesive backing). One good solution is to stick both patches into a sleeping eye mask, either on the outside or the inside.

IMPORTANT: It would be a good idea to patch whilst going to sleep in the evenings.

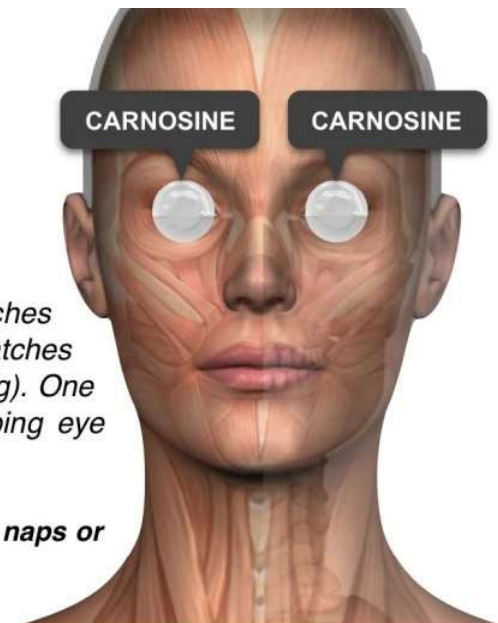


Eye Issues - Option 3

CARNOSINE over each Eye

*Note: The idea is to place the two **CARNOSINE** patches over each eyelid while resting (You may rest the patches over the eyes without removing the adhesive backing). One good solution is to stick both patches into a sleeping eye mask, either on the outside or the inside.*

IMPORTANT: Is recommended to patch whilst taking naps or long distance traveling.

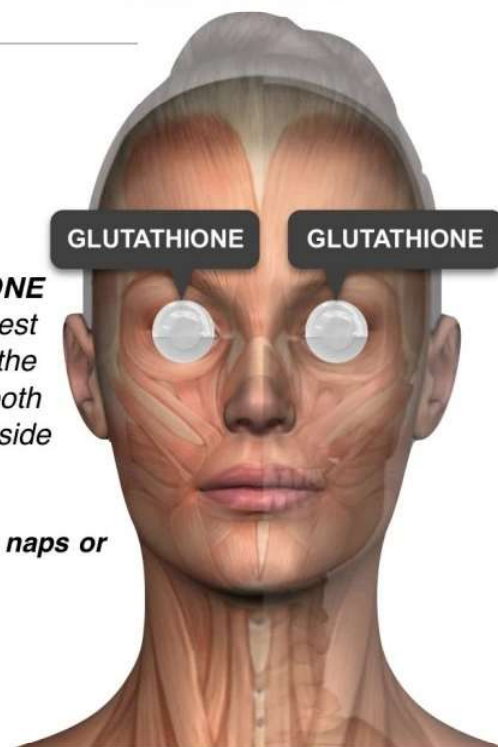


Eye Issues - Option 4

GLUTATHIONE over each Eye

*Note: The idea is to place the two **GLUTATHIONE** patches over each eyelid while resting (You may rest the patches over the eyes without removing the adhesive backing). One good solution is to stick both patches into a sleeping eye mask, either on the outside or the inside.*

IMPORTANT: Is recommended to patch whilst taking naps or long distance traveling.



General Notes:

- 1- You can start any of the 4 Eye Issues Options at anytime you need it.
- 2- Repeat the procedure as long and as many times you need it.
- 3- Use new patches if were used for over 24 hours.

General Recommendations:

Be well hydrated, 6 to 8 glasses of quality water daily will be ideal. Drink 1 glass of water before applying/exchanging LifeWave Patches.