

Hot Flashes

Two simple Patching Protocols which have proven to be quite effective in cases of **Menopause** and **Hot Flashes**.

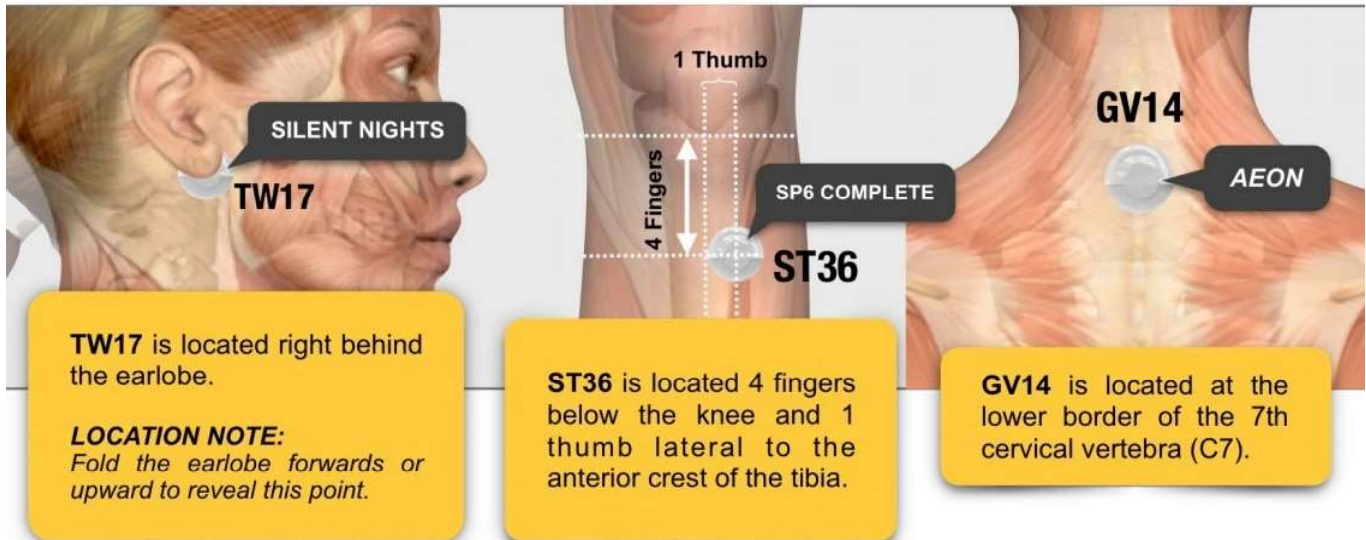
Menopause and Hot Flashes Option 1

SILENT NIGHTS on **TW17** - **Right Side** - Wear for 24 hours.

SP6 COMPLETE on **ST36** - **Left Side** - Wear for 24 hours.

AEON on **GV14** - Wear for 24 hours.

*Note: The **SP6 COMPLETE** patch will help Improving cellular physiologic functional status.*

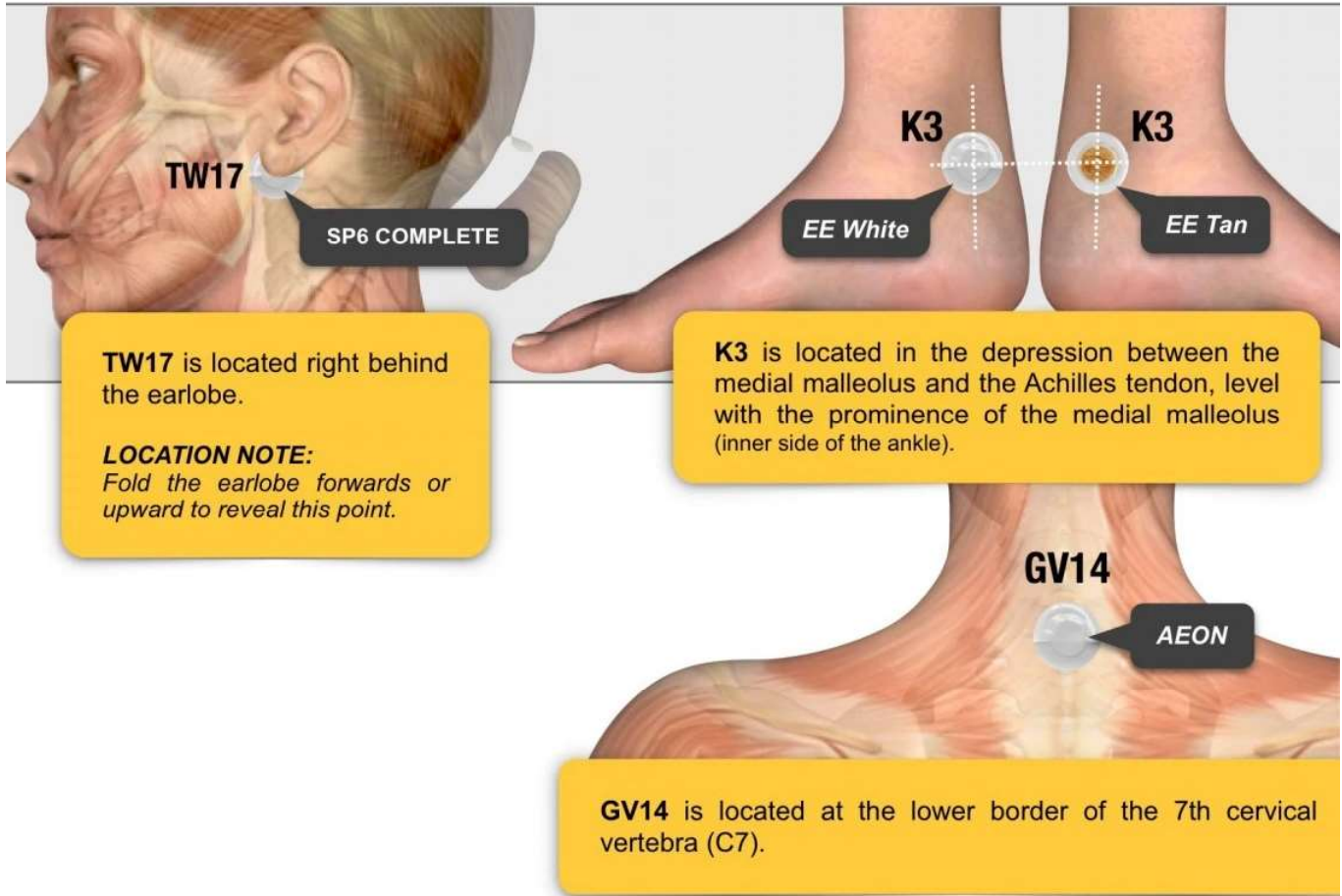


Menopause and Hot Flashes Option 2

SP6 COMPLETE on **TW17** - **Left Side** - Wear for 24 hours.

ENERGY ENHANCER on **K3** - **WRTL** - Wear for 24 hours.

AEON on **GV14** - Wear for 24 hours.



General Notes:

- 1- Start patching once you need it. It could be at any time of the day.
- 2- Repeat the procedure as long and as many times needed.
- 3- Use new patches if were used for over 24 hours.

General Recommendations:

Be well hydrated, 6 to 8 glasses of quality water daily will be ideal. Drink 1 glass of water before applying/exchanging LifeWave Patches.