

Immune System Booster

The Thymus gland is the major gland of our immune system, responsible for many functions, including the production of T Lymphocytes, a type of white blood cell responsible for cell mediated immunity rather than antibody controlled immunity. Cell mediated immunity is extremely important in forming resistance to infection by mold-like bacteria, yeasts, fungi, parasites and viruses (including Epstein -Barr and Herpes Simplex). It is also critical in protecting us from the development of cancer and allergies.

The Thymus gland is situated under the breastbone at the top of the chest, just below the Thyroid Gland at **CV21** acupoint position.

I recommend to anyone experiencing any of the conditions listed above to test either or both approaches for at least 5 consecutive days.

IMMUNE SYSTEM BOOSTER - APPROACH #1

Step 1 – During the day (First 12 hours):

AEON on **CV21**

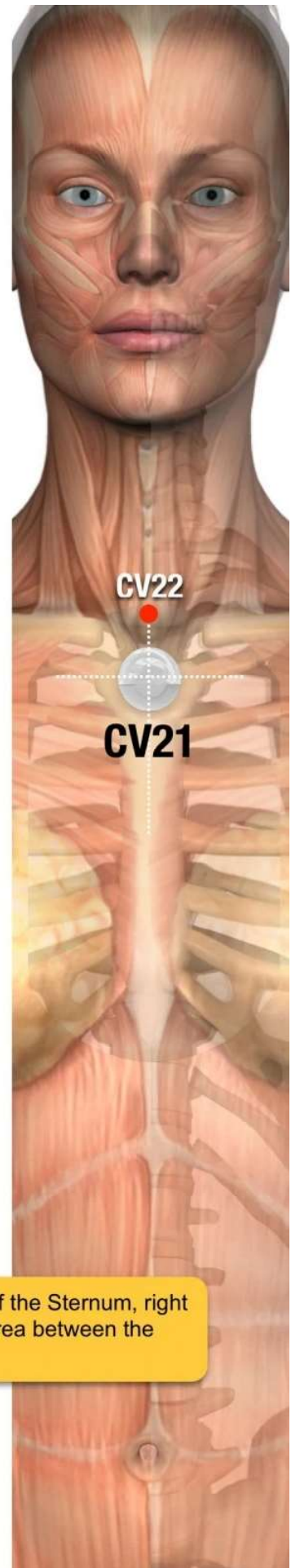
Note: Start at a convenient time in the morning (i.e. 8am)

Step 2 – During the night (Next 12 hours):

CARNOSINE on **CV21**

Note: Remove the **AEON** patch after 12 hours and use a single **CARNOSINE** patch for another 12 hours. (i.e. 8pm)

CV21 is located at the top of the Sternum, right below **CV22** at the “bony” area between the Clavicle or Collarbone.



IMMUNE SYSTEM BOOSTER - APPROACH #2

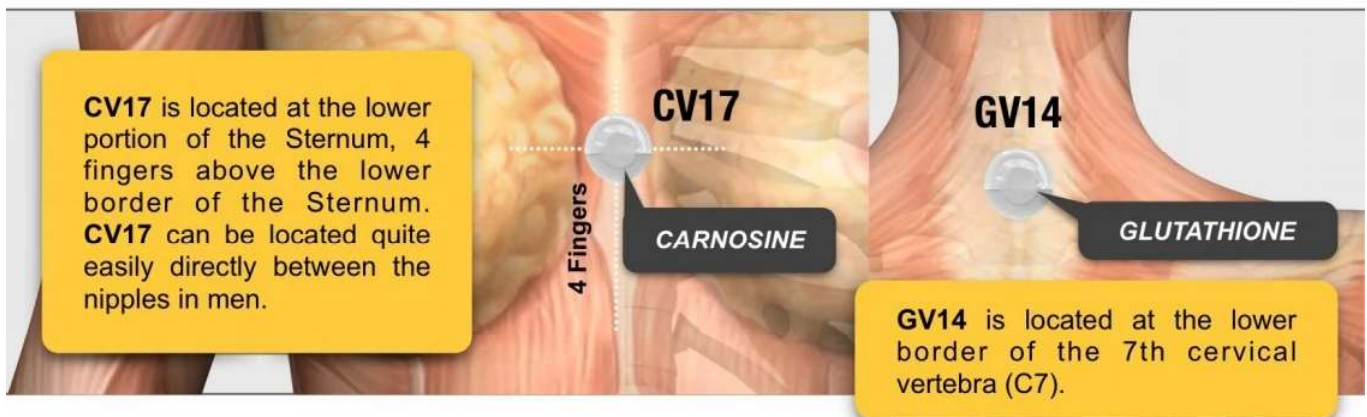
Step 1 – During the day (First 12 hours):

AEON on CV21

Next, place another **AEON** patch directly opposite the above location at the back of your body along the spine midline.

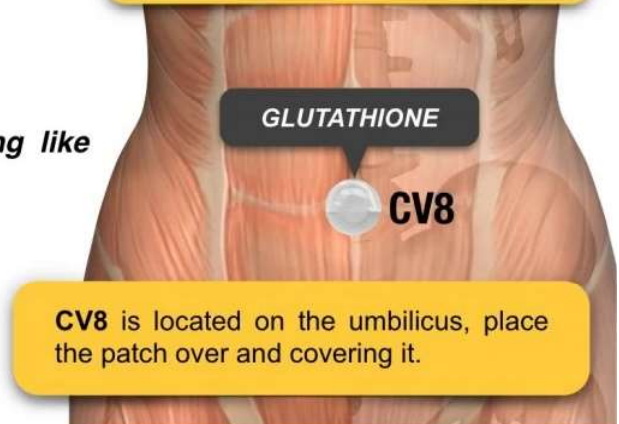


Then, place **CARNOSINE** on **CV17**
GLUTATHIONE on **GV14**



GLUTATHIONE on CV8

Note:
Start at a convenient time in the morning like 8am.



Step 2 – During The Night (Next 12 hours):

After 12 hours, at evening time, remove the **AEON** patch and use a single **CARNOSINE** patch for another 12 hours. (i.e. 8pm)



CARNOSINE on **CV21**

Additional Note: Approach #2 protocol is actually the **Lyme Arthritis Protocol**.

General Notes:

- 1- Wearing all above patch procedure for 24 hours. is considered 1 Cycle.
- 2- It is recommended to go for several consecutive cycles until improvement in the condition is noticed (if any).
- 3- Use new patches if were used for over 24 hours.

General Recommendations:

Be well hydrated, 6 to 8 glasses of quality water daily will be ideal. Drink 1 glass of water before applying/exchanging LifeWave Patches.