

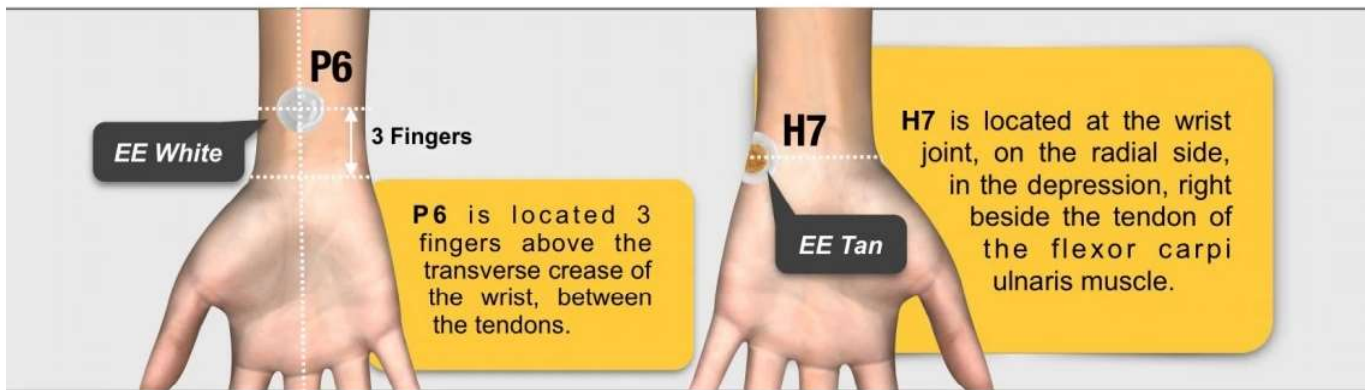
Palpitations

Here I include a simple strategy to use in cases of Palpitations.

First, place a **ENERGY ENHANCER White** on **P6 - Right Side**

Next, place the **ENERGY ENHANCER Tan** on **H7 - Left Side**

This combination is great to create a free flow of Chi through the main channels passing through the Heart & Pericardium, and possibly clearing blockages and palpitation.



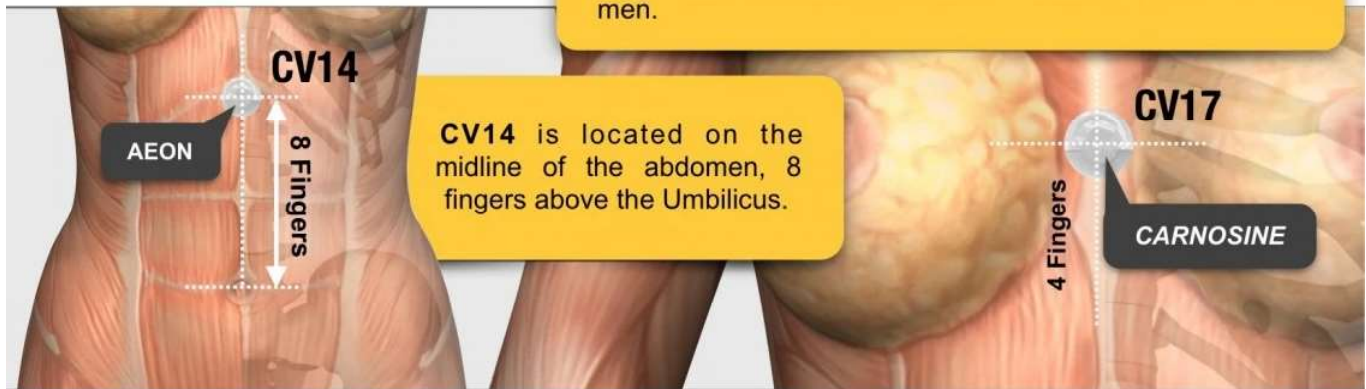
Then, place:

AEON on **CV14**

CARNOSINE on **CV17**

GLUTATHIONE on **CV4**

CV17 is located at the lower portion of the Sternum, 4 fingers above the lower border of the Sternum. CV17 can be located quite easily directly between the nipples in men.

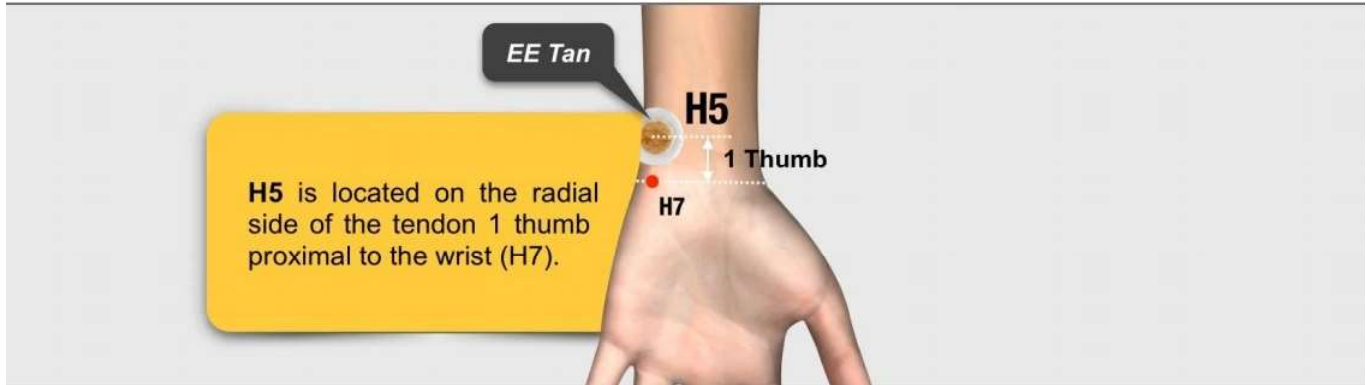


*I found that this Y-Age combination works very well with the **ENERGY ENHANCER** pair above.*



Variation

You can test **H5** Acupoint instead of **H7**.



Additions

You could also test running above protocol with a single **SP6 COMPLETE** patch placed on **ST36** position (**Left Side**).



General Notes:

- 1- Start patching once you need it and keep all patches on until the symptoms disappear or for a maximum of 24 hours.
- 2- Repeat the procedure as long and as many times needed.
- 3- Use new patches starting a new day.

General Recommendations:

Be well hydrated, 6 to 8 glasses of quality water daily will be ideal. Drink 1 glass of water before applying/exchanging LifeWave Patches.